

Nicholas Lougheed, DPT, COMT

Nicholas is a graduate of St. Catherine University where he received his Doctoral degree in Physical Therapy (DPT).

As a Doctor of Physical Therapy, he has received specific training in differential diagnosis, primary care screening, pharmacology, radiology and imaging, manual therapy, therapeutic interventions, health care management, prevention and wellness, health promotion, histology, and pathology.

Nick's current practice of physical therapy focuses on the field of orthopedics, sports medicine, spinal dysfunction, and worker injury. He is a Certified Orthopedic Manual Therapist (COMT) specializing in joint and soft tissue mobilizations to reduce pain and improve muscle function.

His hobbies include Crossfit, hiking, tiki cocktails, exploring Oregon and spending time with his fiancé and dog.

EDUCATION

B.S. in Biology. **University of Central Florida**, Orlando, FL

D.P.T (Doctor of Physical Therapy), **Nova Southeastern University**, Fort Lauderdale, FL

POST GRADUATE EDUCATION

MANUAL THERAPY TRAINING: Select Medical Company

<i>COMT: Evaluation & Treatment: Foot & Ankle</i>	Ryan Stukel, PT, MSPT, OCS, COMT, FAAOMPT	10/6-7/2018
Advanced Instrument Assisted & Joint Mobilization Upper Quarter	Andreas Mueller PT, CFMT	9/15-16/2018
<i>COMT: Evaluation & Treatment: Knee</i>	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	8/25-26/2018
	Nicholas Smith PT, DSc, OCS, COMT, FAAOMPT	
<i>COMT: Evaluation & Treatment: Shoulder</i>	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	4/28-29/2018
<i>COMT: Evaluation & Treatment: Hip</i>	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	4/5-6/2018
<i>COMT: Evaluation & Treatment: Lumbopelvic Spine</i>	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	3/24-25/2018
	Chris Hanson, PT, MPT, DMT, OCS, FAAOMPT	
<i>COMT: Evaluation & Treatment: Cervical Spine</i>	Matthew J Redmond, DPT, FAAOMPT, OCS, ATC	2/24-25/2018
	Ryan C. Tedrick, PT, DPT, OCS, SCS, FAAOMPT	
<i>COMT: Evaluation & Treatment: Thoracic Spine & Ribs</i>	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	2/10-11/2018
	Mary Caromata PT, DPT, OCS	
<i>COMT: Evaluation & Treatment: Soft Tissue & Exercise Prescription</i>	Andreas Mueller PT, CFMT	1/20-21/2018
<i>COMT: Evaluation & Treatment: Hand & Wrist</i>	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	12/9-10/2017
<i>COMT: Evaluation & Treatment: Elbow & Forearm</i>	Julie Jimerson-Williams, PT, DPT, OCS, COMT, FAAOMPT	11/18-19/2017

OTHER

<i>Preventing Medical Errors</i>	Online	2/28/2019
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PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (APTA) <http://www.apta.org/>
- Florida Physical Therapy Association (FPTA) <http://www.fpta.org/>