

## PETER SCHREY, DPT, OCS, CSCS

Peter Schrey has clinical experience dating back to 2003 in the profession of Physical Therapy. He holds a Doctorate Degree in Physical Therapy from Regis University in Denver, Colorado. As a Doctor of Physical Therapy, Peter has received specific training in differential diagnosis, pharmacology, radiology and imaging, health care management, prevention and wellness, health promotion, histology, and pathology.

Peter's current practice of physical therapy is within the field of orthopedics with interest in pediatric and adult sports medicine and chronic pain management. His research interests include the fields of manual therapy, neural dynamics, and regional interdependence. His clinical experience also extends to geriatrics and balance/vestibular rehabilitation. Professionally, he has been led to be an advocate for Physical Therapy nationwide, with the goal of having the public understand the unique research evidence that Physical Therapy is able to offer.

He is a Board Certified Orthopedic Clinical Specialist (OCS) through the APTA Board of Specialties and Certified Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA). He is presently pursuing Certification as Orthopedic Manual Therapist (COMT) through the North American Institute of Orthopedic Manual Therapy (NAIOMT).

## RECENT PROFESSIONAL ACTIVITIES

Sports Medicine Provider, **OLYMPIC TRIALS TRACK & FIELD**, Eugene, OR (2011)  
Sports Medicine Provider, **USA TRACK & FIELD NATIONAL CHAMPIONSHIPS**, Eugene, OR (2011)  
Sports Medicine Provider, **USA TRACK & FIELD NATIONAL CHAMPIONSHIPS**, Eugene, OR (2009)  
Sports Medicine Provider, **OLYMPIC TRIALS TRACK & FIELD**, Eugene, OR (2008)

## EDUCATION

B.S. in Kinesiology, Emphasis Human Movement Studies, **San Francisco State University**, California  
D.P.T (Doctor of Physical Therapy), **Regis University**, Denver, Colorado

## POST GRADUATE EDUCATION

### AMERICAN ACADEMY OF ORTHOPAEDIC MANUAL THERAPY

*14<sup>th</sup> Annual AAOMPT Conference*  
David Butler, PT, M.App.Sc., GDAMT 10/29 – 11/02/2008  
Jack Stagge, PT, OCS, FAAOMPT; Thomas Sevier, MD, FACSM  
Emilio Puentedura, PT, DPT, GDMT, OCS, FAAOMPT  
Gray Cook, MSPT, OCS, CSCS ; Kyle Kiesel, PT, PhD, ATC, CSCS

### DIAGNOSTIC IMAGING

*Advanced Clinical Imaging of the Spine/Pelvis & Extremities for the PT*  
Edsen Donato, PT, DPTSc, BSRT, OCS, CHT, CSCS 6/13/2010  
*Diagnostic Imaging for PT's: Nice to Know or Need to Know*  
Miven Donato, DPT, DC, MOMT  
Bill Boissonnault, PT, DHSc, FAAOMPT 3/15-16/08

### FOLSUM INSTITUTE

*Manual Therapy of the Lumbar Spine*  
Michael Moore, PT, FAAOMPT; 9/2006  
Paul Kinney, MPT, FAAOMPT  
*Manual Therapy of the CervicoThoracic Spine*  
Paul Kinney, MPT, FAAOMPT; 7/2006  
Jeff Mitchell, MPT, FAAOMPT

### INSTITUTE OF PHYSICAL ART

PNF I Michael Baum, PT, CMPT 3/09 – 3/11/2012  
Functional Mobilization I (formerly FO I) Kent Keyser, MS, PT, ATC, OCS, FCFT, FAAOMPT 5/12 – 5/15/2011

### KINESIO TAPING

*Kinesio Taping Fundamentals & Advanced Techniques*  
Amy Stahl, MPT, CKT1 10/2005

### McKENZIE INSTITUTE U.S.A.

*McKenzie Mechanical Dx & Therapy: Part A Lumbar*  
Gerald Pica, PT, Dip MDT 4/22 – 4/25/2010

### NEURO MOBILIZATION (INT'L MANUAL THERAPY SEMINARS)

*The Upper Quarter Pain Puzzle: Differential Diagnosis/Treatment of the Orthopedic Patient with Upper Quarter Neurogenic Syndromes*  
Jack Stagge, PT, OCS, FAAOMPT 5/05 – 5/06/2012  
*The Upper Quarter Pain Puzzle: Differential Diagnosis/Treatment of the Orthopedic Patient with Upper Quarter Neurogenic Syndromes*  
Jack Stagge, PT, OCS, FAAOMPT 11/05 – 11/06/11

## NORTH AMERICAN INSTITUTE OF ORTHOPAEDIC MANUAL THERAPY

NAIOMT Level III: Upper Quadrant: Part B: Spine	Erl Pettman, PT, MCSP, MCPA, FCAMT	5/15 – 5/17/09
NAIOMT Level III: Upper Quadrant: Part A: Extremities	Erl Pettman, PT, MCSP, MCPA, FCAMT	4/17 – 4/19/09
NAIOMT Level II: Lower Quadrant: Part B: Spine	Steve Allen, PT, OCS, COMT, FAAOMPT	1/9 – 1/11/09
NAIOMT Level II: Lower Quadrant: Part A: Extremities	Steve Allen, PT, OCS, COMT, FAAOMPT	12/12 – 12/13/08
NAIOMT Level II: Upper Quadrant Part B: Spine	Kent Keyser, MS, PT, ATC, OCS, COMT, FAAOMPT	10/10 – 10/12/08
NAIOMT Level II: Upper Quadrant Part A: Extremities	Kent Keyser, MS, PT, ATC, OCS, COMT, FAAOMPT	9/26 – 9/28/08
NAIOMT Level I: Differential Diagnosis	Home Study Video program	2008

## PAIN MANAGEMENT

Explain Pain	David Butler, PT, M.App.Sc., GDAMT	10/29 – 10/30/08
Pain Management and Treatment for the 21st Century PT	Thomas Watson, PT, DPT, DAAPM	3/15-16/08

## VESTIBULAR REHABILITATION

Dizziness and the Imbalanced Patient	Rob Landel, DPT, OCS	11/2006
Balance Challenges: Progressive Dynamic Treatment Strategies	J.J. Mowder-Tinney MPT, NCS, CWS	7/2005

## SLOCUM ORTHOPEDICS

Total Joint Clinical Update	Slocum Orthopedics	11/04/2009
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## OTHER

APTA Clinical Instructor Credentialing Program	Mary Dokter, PT, PhD	1/23 – 1/24/10
Evidenced-Based Examination & Selected Interventions for Patients with Upper Extremity Disorders	Joshua Cleland, PT, PhD, OCS, FAAOMPT	2/2007
16 <sup>th</sup> Annual Colorado Spine Symposium	Courtney Brown, MD	11/2005

## STUDY COURSES

Surgery & Post-op rehab for lumbar stenosis	OrthoSpine and Pain.com	8/2011
Lumbar Disc Surgery Rehabilitation	OrthoSpine and Pain.com	8/2011
Lumbar Fusion and Rehab	OrthoSpine and Pain.com	8/2011
Cervical Spine Update	OrthoSpine and Pain.com	8/2011
Whiplash: acute and Sub-acute treatment	OrthoSpine and Pain.com	8/2011

## GRADUATE RESEARCH

- Koch A, Limoges A, Perez D, Schrey P and Smith J. The Influence of Visual Stimulation and Somatosensory Exercises on Visual Motion Hypersensitivity. **Department of Physical Therapy**, Regis University. 2004.

## PROFESSIONAL AFFILIATIONS

- American Academy of Orthopaedic Manual Physical Therapy <http://www.aaompt.org>
- American Physical Therapy Association  
- Orthopedic/Sports Section, APTA <http://www.apta.org>  
<http://www.orthopt.org>
- National Strength & Conditioning Association <http://www.nasca-lift.org/>
- Oregon Physical Therapy Association <http://www.opta.org/>