

PETER SCHREY, DPT, CSCS

Peter Schrey has clinical experience dating back to 2003 in the profession of Physical Therapy. He holds a Doctorate Degree in Physical Therapy from Regis University in Denver, Colorado. As a Doctor of Physical Therapy, Peter has received specific training in differential diagnosis, pharmacology, radiology and imaging, health care management, prevention and wellness, health promotion, histology, and pathology.

Peter's current practice of physical therapy is within the field of orthopedics with interest in pediatric and adult sports medicine and chronic pain management. His research interests include the fields of manual therapy, neural dynamics, and regional interdependence. His clinical experience also extends to geriatrics and balance/vestibular rehabilitation. Professionally, he has been led to be an advocate for Physical Therapy nationwide, with the goal of having the public understand the unique research evidence that Physical Therapy is able to offer.

He is a Certified Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA). He is presently pursuing Certification as Orthopedic Manual Therapist (COMT) through the North American Institute of Orthopedic Manual Therapy (NAIOMT) and Board Certification as Orthopaedic Clinical Specialist (OCS) through the American Physical Therapy Association Board of Physical Therapy Specialties.

RECENT PROFESSIONAL ACTIVITIES

Sports Medicine Provider, **US TRACK & FIELD NATIONAL CHAMPIONSHIPS**, Eugene, OR (2009)
Sports Medicine Provider, **OLYMPIC TRIALS TRACK & FIELD**, Eugene, OR (2008)

EDUCATION

B.S. in Kinesiology, Emphasis Human Movement Studies, **San Francisco State University**, California
D.P.T (Doctor of Physical Therapy), **Regis University**, Denver, Colorado

POST GRADUATE EDUCATION

AMERICAN ACADEMY OF ORTHOPAEDIC MANUAL THERAPY

14th Annual AAOMPT Conference

David Butler, PT, M.App.Sc., GDAMT 10/29 – 11/02/2008
Jack Stagge, PT, OCS, FAAOMPT; Thomas Sevier, MD, FACSM
Emilio Puentedura, PT, DPT, GDMT, OCS, FAAOMPT
Gray Cook, MSPT, OCS, CSCS ; Kyle Kiesel, PT, PhD, ATC, CSCS

DIAGNOSTIC IMAGING

*Advanced Clinical Imaging of the Spine/Pelvis & Extremities
for the PT*
Diagnostic Imaging for PT's: Nice to Know or Need to Know

Edsen Donato, PT, DPTSc, BSRT, OCS, CHT, CSCS 6/13/2010
Miven Donato, DPT, DC, MOMT
Bill Boissonnault, PT, DHSc, FAAOMPT 3/15-16/08

FOLSOM INSTITUTE

Manual Therapy of the Lumbar Spine

Michael Moore, PT, FAAOMPT; 9/2006
Paul Kinney, MPT, FAAOMPT
Manual Therapy of the CervicoThoracic Spine
Paul Kinney, MPT, FAAOMPT; 7/2006
Jeff Mitchell, MPT, FAAOMPT

KINESIO TAPING

Kinesio Taping Fundamentals & Advanced Techniques

Amy Stahl, MPT, CKT1 10/2005

McKENZIE INSTITUTE U.S.A.

McKenzie Mechanical Dx & Therapy: Part A Lumbar

Gerald Pica, PT, Dip MDT 4/22 – 4/25/2010

NORTH AMERICAN INSTITUTE OF ORTHOPAEDIC MANUAL THERAPY

NAIOMT Level III: Upper Quadrant: Part B: Spine
NAIOMT Level III: Upper Quadrant: Part A: Extremities
NAIOMT Level II: Lower Quadrant: Part B: Spine
NAIOMT Level II: Lower Quadrant: Part A: Extremities
NAIOMT Level II: Upper Quadrant Part B: Spine
NAIOMT Level II: Upper Quadrant Part A: Extremities
NAIOMT Level I: Differential Diagnosis

Erl Pettman, PT, MCSP, MCPA, FCAMT 5/15 – 5/17/09
Erl Pettman, PT, MCSP, MCPA, FCAMT 4/17 – 4/19/09
Steve Allen, PT, OCS, COMT, FAAOMPT 1/9 – 1/11/09
Steve Allen, PT, OCS, COMT, FAAOMPT 12/12 – 12/13/08
Kent Keyser, MS, PT, ATC, OCS, COMT, FAAOMPT 10/10 – 10/12/08
Kent Keyser, MS, PT, ATC, OCS, COMT, FAAOMPT 9/26 – 9/28/08
Home Study Video program 2008

PAIN MANAGEMENT

Explain Pain
Pain Management and Treatment for the 21st Century PT

David Butler, PT, M.App.Sc., GDAMT 10/29 – 10/30/08
Thomas Watson, PT, DPT, DAAPM 3/15-16/08

VESTIBULAR REHABILITATION

Dizziness and the Imbalanced Patient

Rob Landel, DPT, OCS

11/2006

Balance Challenges: Progressive Dynamic Treatment Strategies

J.J. Mowder-Tinney MPT, NCS, CWS

7/2005

SLOCUM ORTHOPEDICS

Total Joint Clinical Update

Slocum Orthopedics

11/04/2009

OTHER

APTA Clinical Instructor Credentialing Program

Mary Dokter, PT, PhD

1/23 – 1/24/10

Evidenced-Based Examination & Selected Interventions for Patients with Upper Extremity Disorders

Joshua Cleland, PT, PhD, OCS, FAAOMPT

2/2007

16th Annual Colorado Spine Symposium

Courtney Brown, MD

11/2005

GRADUATE RESEARCH

- Koch A, Limoges A, Perez D, Schrey P and Smith J. The Influence of Visual Stimulation and Somatosensory Exercises on Visual Motion Hypersensitivity. **Department of Physical Therapy**, Regis University. 2004.

PROFESSIONAL AFFILIATIONS

- American Academy of Orthopaedic Manual Physical Therapy <http://www.aaompt.org>
- American Physical Therapy Association
- Orthopedic/Sports Section, APTA <http://www.apta.org>
<http://www.orthopt.org/>
- National Strength & Conditioning Association <http://www.nasca-lift.org/>
- Oregon Physical Therapy Association <http://www.opta.org/>