

## Antonio Porreco, SPT

Antonio Porreco is a Doctoral Physical Therapy Resident from Azusa Pacific University in California.

Per his Doctoral degree training, he has received specific training in differential diagnosis, orthopedic manual therapy and therapeutic interventions, chronic pain, pharmacology, radiology and imaging, anatomy, clinical skills, cardiopulmonology, neurological rehabilitation, and pediatrics

Antonio has interests in orthopedics/sports medicine and will likely pursue further education to become an orthopedic clinical specialist (OCS) following graduation. He has had past experiences in outpatient orthopedics and acute care in California.

His undergraduate degree was in Health and Human Sciences completed at Loyola Marymount University, in California, in 2018. Like all of our PT staff, he is a member of the American Physical Therapy Association, and recently attended the 2023 Combined Sections Meeting in San Diego, California.

Eugene PT has a strong commitment to education. Its PT staff not only teach post-graduate courses throughout the United States, but have four APTA Credentialed Clinical Instructors that supervise final residency programs prior to DPT graduates taking their Board Examinations. Our clinical education program has gained a reputation over time, having contracts with over 10 universities throughout the U.S.A. Our goal is to train our PT Residents to be able to provide the exceptional standard of care that is our mission. Seeing any of our Residents should be a rewarding experience given the training they have been and are presently being given.

Preceptor: Jeff Giuletta, MPT, ATC, OCS, CSCS, COMT, FAAOMPT, USAW-SPC

## ATHLETIC AWARDS

NCAA Div 1 WCC 2nd Team All-Conference (Soccer)	(2018-2019)
NCAA Div 1 WCC 1st Team All-Academic (Soccer)	(2017, 2018-2019)

## RECENT PROFESSIONAL ACTIVITIES

Combined Sections Meeting (03/2023)  
Mentor/tutor to 1st year Azusa Pacific University DPT students (2022-2023)

## EDUCATION

D.P.T. Candidate, **Azusa Pacific University**, Azusa, CA (12/2023)  
Current GPA: 4.0  
B.S. in Health and Human Sciences, **Loyola Marymount University**, Los Angeles, CA (12/2018)  
Graduated Magna Cum Laude (3.89 GPA)

## GRADUATE RESEARCH

- Taylor, B., Porreco, A., Jacobs, C., Iwasaki, R., & Humphrey, A. (2023). In-season Strengthening: Is BFR an Appropriate Training Method for High-Level Athletes?

## PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (since 2021) [www.apta.org/](http://www.apta.org/)
  - Orthopedic Section [www.orthopt.org/](http://www.orthopt.org/)
- California Physical Therapy Association (since 2021) [www.cpta.org/](http://www.cpta.org/)

