

## Scott Johnson, MSPT, OCS, Cert DN

Scott Johnson is a graduate of Winston-Salem State University where he received his Master's degree in Physical Therapy (MSPT).

As a Physical Therapist, Scott has received specific training in differential diagnosis, primary care screening, pharmacology, radiology and imaging, manual therapy, therapeutic interventions, health care management, prevention and wellness, health promotion, histology, and pathology. Prior to receiving his Master's Degree, he earned a Bachelor's degree in Exercise Science from Grand Valley State University.

Shane's current practice of physical therapy is primarily within the field of orthopedics, sports medicine, and treatment of fitness athletes. He is a Board Certified Orthopedic Clinical Specialist (OCS) through the APTA Board of Specialties and certified in Dry Needling. He also is a level 1 CrossFit coach.

In his free time, Scott enjoys doing crossfit, engaging in most outdoor activities, learning about wine, and listening to live music. Scott is a Midwest transplant, but has spent much of his adult life exploring the Western part of the US.

## RECENT PROFESSIONAL ACTIVITIES

Lecturer, " <b>Shoulder Injuries and Recovery for the Hockey Player</b> ," Pikes Peak Miner's Club Hockey	2019
Sports Medicine Provider, " <b>Athlete Jared Enderton</b> ," CrossFit Games	2018
Lecturer, " <b>Diagnosis and Management of Lumbopelvic Pain &amp; Dysfunction</b> ," Billings Clinic Hospital	2016-2017
Sports Medicine Provider/Coach, " <b>Athlete Yuri Hanson</b> ," CrossFit Games	2017
Treasurer & Board of Directors, " <b>Montana Physical Therapy Association</b> ," Montana	2017-2018
Lecturer/Seminar, " <b>Self-Management of Common CrossFit Injuries</b> ," CrossFit Billings	2015-2016
Lecturer, " <b>Private Practice Management &amp; Growth</b> ," University of Michigan Department of Physical Therapy	2016
Lecturer, " <b>Private Practice Startup - A Real World Approach</b> ," University of Michigan Department of Physical Therapy	2015
Lecturer, " <b>Common Knee Injuries and Recovery for the Hockey Player</b> ," Pikes Peak Miner's Club Hockey	2012
Sports Medicine Provider, " <b>USA Judo</b> "	2011-2013

## EDUCATION

B.S in Exercise Science, **Grand Valley State University**, Allendale, MI, (2007)  
MSPT (Master's of Physical Therapy), **Winston-Salem State University**, North Carolina (2011)

## POST GRADUATE EDUCATION

### Crossfit

Adaptive Training, Alec Zirchenbach 2020  
Level 1 Coach, Dave Lipson & Cherie Chan 2018

### Institute of Clinical Excellence

Management of the Fitness Athlete, Mitch Babcock, DPT, CF-L2 2018  
Low Back Pain: Patient Experience from Start to Finish, Jeff Moore, DPT, OCS, FAAOMPT & Jerry Durham, PT 2016

### Owens Recovery Systems

Blood Flow Restriction Therapy, Johnny Owens, MSPT 2016

### Spinal Manipulation Institute

Dry Needling for Lumbopelvic and Lower Extremity Symptoms, James Dunning, PhD, DPT, MSc 2015  
Dry Needling for Craniofacial, Cervicothoracic & Upper Extremity Conditions, James Dunning, PhD, DPT, MSc 2014  
High-Velocity Low-Amplitude Thrust Manipulation of the Cervical, Thoracic, Lumbar & Sacroiliac Joints, James Dunning, PhD, DPT, MSc 2012  
Cervicothoracic Dysfunction & Cervicogenic Headaches: Diagnosis & Management with HVLA Thrust Manipulation & Exercise, James Dunning, PhD, DPT, MSc 2011

**ONLINE Education / OTHER**

Institute of Clinical Excellence: Clinical Mentorship Program, Jeff Moore, DPT, OCS, FAAOMPT	2020-current
MedBridge: The Relationship Between Sleep & Pain; Dan Rohn, DPT, DSc, OCS, FAAOMPT	2020
MedBridge: Evidence Based Evaluation of the Lumbar Spine; Chad Cook, PT, PhD, MBA, FAPTA	2020
Institute of Clinical Excellence: Academy of Prevention and Health Promotion Therapies	2016
Evidence in Motion: Orthopedic Clinical Specialist Prep Course, David Browder, PT, DPT, OCS	2016