

Kayla Litwin, DPT

Kayla is a graduate of University of Wisconsin- La Crosse where she received her Doctoral degree in Physical Therapy (DPT) and a Bachelor of Science degree in Biology.

As a Doctor of Physical Therapy, Kayla has received specific training in differential diagnosis, primary care screening, pharmacology, radiology and imaging, manual therapy, therapeutic interventions, health care management, prevention and wellness, health promotion, histology, and pathology. Additionally, she has received training in dry needling and pelvic floor rehabilitation.

Kayla has clinical education experience in evaluation and treatment of orthopedics, acute care rehabilitation, and pelvic health rehabilitation. She has treated patients of all ages in rural and urban settings. Her clinical education was completed throughout the state of Wisconsin where she was born and raised.

Kayla is on track to pursue Board Certification as Orthopedic Clinical Specialist (OSC). She also wants to expand her education and practice in pelvic health with the goal of obtaining her Pelvic Rehabilitation Practitioner Certification (PRPC).

In her free time, Kayla enjoys hiking, yoga, swimming, reading, and being outside as much as possible!

EDUCATION

D.P.T. in Physical Therapy, University of Wisconsin- La Crosse, La Crosse, Wisconsin

B.S. in Biology, University of Wisconsin- La Crosse, La Crosse, Wisconsin

POST GRADUATE EDUCATION

Herman & Wallace Pelvic Rehabilitation Institute

Pelvic Floor Level 1

Meghan Rietschel, PT

8/14-8/15/2021

PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (APTA)

<http://www.apta.org/>