

## Rachel Wright, DPT, OCS, CLT-LANA

Rachel is a graduate of University of Central Arkansas where she received her Doctoral degree in Physical Therapy (DPT).

As a Doctor of Physical Therapy, Rachel has received specific training in differential diagnosis, primary care screening, pharmacology, radiology and imaging, manual therapy, therapeutic interventions, health care management, prevention and wellness, health promotion, histology, and pathology. During PT school she served as the class representative for her cohort and was the Graduate Assistant for the Program director. Her clinical experience ranges from rural to urban settings, teen to nonagenarian clients, and recreational to collegiate level athletes. It also includes evaluation and treatment in orthopedics, acute care rehabilitation, sports medicine and neurological rehabilitation.

Prior to receiving her DPT, she earned a bachelor's degree in Exercise Science from Harding University in Searcy, Arkansas where she ran track and was a 3-year captain of the cross-country team. Rachel was also involved in multiple extracurricular clubs and committees on campus.

Rachel's current practice of physical therapy is primarily within the field of orthopedics and sports medicine, where she is passionate about improving her patient's quality of life, in addition to specializing in Lymphedema treatment and oncology rehabilitation. She is a Board Certified Orthopedic Clinical Specialist (OCS) through the APTA Board of Specialties and is a Certified Lymphedema Therapist (CLT) through the Lymphology Association of North America. She is also an APTA Credentialed Clinical Instructor.

In her free time, Rachel enjoys running, yoga, hiking, biking, camping, and kayaking. Rachel greatly enjoys working with athletes, both recreational and competitive.

## RECENT PROFESSIONAL ACTIVITIES

Sports Medicine Provider, World Athletic Championships 2022  
Hayward Track Official 2022  
Hayward Track Official 2021

## EDUCATION

D.P.T. in Physical Therapy, University of Central Arkansas, Conway, Arkansas  
B.S. in Exercise Science, Harding University, Searcy, Arkansas

## POST GRADUATE EDUCATION

### ARKANSAS PHYSICAL THERAPY ASSOCIATION

*OPTimize* Various Presenters 9/2015

### BREAST CANCER / LYMPHEDEMA MANAGEMENT

*Norton School of Lymphatic Therapy/ Complete Decongestive Therapy Certification Course* John Beckwith, PT, CLT-LANA 7/20 - 7/28/2019  
Vickie Parker, OT, CLT-LANA

### JONES INSTITUTE

*Strain & Counterstrain I* Larry Ham, MS, PT, ATC 4/20 - 4/22/2018

### INSTITUTE OF PHYSICAL ART

*PNF I* Mike Baum, PT, CFMT 4/13 - 4/15/2018

### McKENZIE INSTITUTE U.S.A.

*McKenzie Mechanical Dx & Therapy: Part B Cervical/Thoracic* Scott Herbowy, PT, Dip MDT 4/27 - 4/29/2018  
*McKenzie Mechanical Dx & Therapy: Part A Lumbar* Scott Herbowy, PT, Dip MDT 11/17 - 11/19/2017

### NATIONAL PHYSICAL THERAPY ASSOCIATION (APTA)

*APTA Combined Sections Meeting: San Antonio, TX* Various Presenters 2/14-2/18/2017

## OSTEOPATHIC / MANIPULATIVE THERAPY

Essentials of Spinal Manipulation (Univ. of Oklahoma)

Peter Gibbons, DO, MB, BS, DM-SMed, MHSc  
Phillip Tehan, DO, PT, DipPhysio, MHsc

3/7 - 3/9/2019

## SLOCUM ORTHOPEDICS

Concussion Conference 2017

Mick Koester, MD, ATC, et al

9/25/2017

## ONLINE STUDY COURSES

Recognizing and Overcoming Unconscious Bias

Quality Interactions/Amedco

10/21/2021

## OTHER

APTA Clinical Instructor Credentialing Program

Online

10/15 – 10/16/2022

## EVIDENCE IN MOTION

Neuroscience Pain Education

Adriaan Louw, PT, PhD

11/4 – 11/5/2022

## PUBLISHED RESEARCH

- Roberts R, Forbush SW, Bandy WD, Garrison, MK, Graves LC, Testing infraspinatus and deltoid muscles with new technique to decrease deltoid activity during testing using EMG analysis.  
**The International Journal of Sports Physical Therapy.** 13:5. 10/2018 pp 896-

## PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (APTA)
- Oregon Physical Therapy Association (OPTA)

<http://www.apta.org/>

<http://www.opta.org/>