

Abigail Van De Hei, DPT

Abigail (Abby) Van De Hei is a graduate of Carroll University in Waukesha, WI where she received her Doctorate of Physical Therapy (DPT).

As a Doctor of Physical Therapy, Abby has received specific training in examination, evaluation, diagnoses, making prognoses and providing interventions to prevent the onset of symptoms and progression of impairments, functional limitations and disabilities that might result from diseases, disorders or injuries. She additionally holds a Bachelor of Science degree in Exercise Science from Carroll University.

Abby's clinical interests within the field of physical therapy include sports-related injuries, orthopedic and post-operative rehabilitation, manual therapy and balance training. In her clinical experience as a travel physical therapist, Abby has experience that ranges from treating clients' in underserved communities to urban settings and evaluating and treating clients of various ages in outpatient settings around the United States.

Abby makes it a point of her treatment session to connect with the patients to build rapport. Abby focuses on patient-centered care, along with focusing on individualized rehabilitation programs/treatment sessions focusing on each individual patient's goals. Abby enjoys being able to help patient's return to their hobbies, completing daily tasks and helping them reach their goals.

In her free time, Abby enjoys spending time with friends and family, golfing, hiking and finding new adventures like skydiving! She also enjoys making the most of her travels and exploring all that the new cities have to offer.

EDUCATION

B.S. in Exercise Science Science, Carroll University, Waukesha, WI
D.P.T (Doctor of Physical Therapy), Carroll University, Waukesha, WI

POST GRADUATE EDUCATION

Breakthrough Manual Therapy

LP-1: Restriction Based Approach... A Manual Therapy System for the Lumbopelvic and Hip Complex I Kris Davis, DPT, COMT 03/2023

ONLINE STUDY COURSES

<i>Evidence-Informed Evaluation of Shoulder Impingement Syndromes</i>	Jennifer T. Dodson, OTD, OTR/L, CHT	07/2023
<i>Ethics In Practice: Resources for PTs and PTAs (2023)</i>	Ellen R. Strunk, PT, MS, GCS, CEEAA, CHC	07/2023
<i>Ethics for Physical and Occupational Therapy Professionals (2023)</i>	Ron Scott, PT, JD, EdD	07/2023
<i>Embracing Ethical Screening and Assessment for Short-Term Behavior Health</i>	Ellen Fink-Samnack, DBH, MSW, LCSW, CCM	11/2023