

## Montana Kaiyala, SPT

Montana Kaiyala is a Doctoral Physical Therapy Resident from Oregon State University – Cascades.

Per her Doctoral degree, she has received training in differential diagnosis, manual therapy, orthopedic rehabilitation, neurologic rehabilitation, assessment and treatment of vestibular disorders, chronic pain management, pharmacology, radiology/imaging, cardiopulmonology, and pediatrics. She also has experience with prosthetics, orthotics, assistive devices, and adaptive equipment.

Montana strives to learn from a variety of disciplines to improve her knowledge and skills. In addition to outpatient orthopedics, she recently completed a clinical internship in Acute Care at a Level II Regional Trauma Center, where she worked primarily in inpatient neurology, post-op orthopedics, inpatient cardiovascular care, the Intensive Care Unit (ICU), and in the emergency department where she performed complex vestibular and oculomotor assessments using infrared goggles and aided with ruling out strokes. She speaks Spanish and has experience performing physical therapy sessions in Spanish. Following graduation, she plans to practice eventually in a rural community. She looks forward to further pursuing her interests in orthopedics, balance and vestibular rehabilitation, spine conditions, and pelvic health.

In her free time, Montana enjoys dancing, rock climbing, SCUBA diving, painting, and spending time with family and friends.

Eugene PT has a strong commitment to education. Its PT staff not only teach post-graduate courses throughout the United States, but have three APTA Credentialed Clinical Instructors that supervise final residency programs prior to DPT graduates taking their Board Examinations. Our clinical education program has gained a reputation over time, having contracts with over 10 universities throughout the U.S.A. Our goal is to train our PT Residents to be able to provide the exceptional standard of care that is our mission. Seeing any of our Residents should be a rewarding experience given the training they have been and are presently being given.

Preceptor: Michael Young, DPT, OCS, CSCS

## RECENT PROFESSIONAL ACTIVITIES

Volunteer: Community balance and fall risk screenings. Mosaic Medical Center. Bend, OR. (5/2023).

Presenter: Biomechanical Asymmetries During a 45° Sidestep Cut Post-ACL Reconstruction. Biomechanical Asymmetries During a 45° Sidestep Cut Post-ACL Reconstruction. American Physical Therapy Association - Oregon Annual Conference. Held virtually. (3/2022).

Presenter: Bilateral Movement Asymmetries During a Sidestep Cut Post-ACL Reconstruction. Northwest American College of Sports Medicine Conference. Portland, OR. (2/2022).

## EDUCATION

Doctor of Physical Therapy (In Progress), **Oregon State University - Cascades**, Bend, OR Anticip. 6/2024

Bachelor of Science in Kinesiology, Honors Scholar, **Oregon State University - Cascades**, Bend, OR 9/2021

## PUBLICATIONS

Kaiyala M, Hannigan JJ, Traut A, Pollard C. 2024. Bilateral movement asymmetries exist in recreational athletes during a 45° sidestep cut post-anterior cruciate ligament reconstruction. *PeerJ* 12: e16948

<https://doi.org/10.7717/peerj.16948>

## GRADUATE RESEARCH

Gottfried E., Kaiyala M., Smart E., Strobel E., Stuhldreher E., Briley A., Nelson C. (2023). Multiple Sclerosis and High Intensity Interval Training: A Case Series.

## SELECTED AWARDS

Summa Cum Laude	9/2020
Oregon State University Undergraduate Research Fellow	9/2020
Layman Research Fellow	1/2020

## PROFESSIONAL AFFILIATIONS

American Physical Therapy Association (APTA)

9/2021 - Present

- Academy of Orthopaedic Physical Therapy
- APTA Geriatrics
- APTA Oregon

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