

## **Eugene Physical Therapy:**

### **Doctor of Physical Therapy Clinical Internship: Spring 2024**

Overall, I had an excellent learning experience at Eugene Physical Therapy. I would highly recommend this experience to any PT student interested in orthopedics and sports and I am very grateful to have had the experience and learning that I had here.

During my time here, I received instruction, mentoring, and practice that were far superior to any of my other clinical experiences. We covered a huge variety of diagnoses and patient cases. I got extensive experience with all variety of orthopedic and sports cases, as well as experience with vestibular, pool therapy, TMJ, hand therapy, and pediatrics. I was exposed to so many new interventions, exercises, and manual skills and I am vastly more competent in my skills as a manual therapist now. Clinical reasoning is another huge area of focus during this internship and learning how to always arrive at the correct conclusions and decisions. My philosophy of how physical therapy care should be performed has changed drastically as well and I now have better understanding of how to progress people quickly, provide the highest level of care, and make ethical use of healthcare dollars as I move forward in my career.

The clinic motto is “Excellence as a Standard of Care” and this motto carried into my learning experience. The expectation is that I would always strive for excellence and use every opportunity possible to learn and improve. There was a constant push to improve in all areas of practice and to get our patients better as effectively and quickly as possible. I am even more excited now to enter the field of physical therapy now than I was before this internship and I am very excited to keep learning, growing, and always striving for excellence.

Prior to going to Eugene PT, I did not feel prepared to go practice independently in outpatient orthopedics. I have gained so much skill, knowledge, and competence during these ten weeks and I am now fully confident that I can effectively help my patients get better as an independent PT. I am very excited for all the future students who get to have this same learning experience in the future.

- Drew Peterschmidt, SPT