

Orion Hollings, DPT

Orion Hollings is a graduate of Chatham University in Pittsburgh, Pennsylvania where he received his Doctorate in Physical Therapy (DPT). As a Doctor of Physical Therapy, Orion has completed mentorship courses with upper and lower extremity, pain science, cervicothoracic and lumbar focuses, progressing his clinical knowledge and treatments. He has also served as a Clinical Instructor for several physical therapy graduate students. He additionally holds his Bachelor's Degree with a major in Human Physiology, minor in Psychology.

Clinically, Orion is interested in treating a variety of orthopedic conditions including shoulder, hip, knee, ankle and spine injuries. He previously worked with collegiate athletes and has a passion for working with athletes of all levels in returning to their activity/sport. Orion has also patients treated with neurologic conditions including vertigo, post CVA, post spinal-cord injury, Parkinson's, and multiple sclerosis. As a traveler, Orion has worked mostly in outpatient orthopedic physical therapy but also has experience in skilled nursing facilities and acute care. This array of experiences has given Orion the opportunity to treat patients at every phase of rehabilitation.

Orion has received additional training in blood flow restriction (BFR) training, work conditioning/hardening program management and is a certified level I Clinic Instructor throughout the American Physical Therapy Association (APTA). He is currently pursuing his certification as Strength & Conditioning Specialist (CSCS) through the National Strength & Conditioning Association (NSCA) and plans to pursue his Board certification as Orthopedic Clinical Specialist (OCS) through the (APTA).

In his free time, Orion enjoys getting outside to hike, paddle board and camp. He also enjoys playing recreational sports, including soccer and softball. Orion loves to travel to new areas and experience the variety of people and experiences there.

EDUCATION

B.S. in Human Physiology, minor is Psychology, University of Oregon - Eugene, OR
DPT (Doctor of Physical Therapy), Chatham University - Pittsburgh, PA

POST GRADUATE EDUCATION

Mentorship Courses

<i>Upper Extremity</i>	<i>Jason Bartley PT, DPT, OCS, SCS, FAAOMPT, COMT</i>	<i>09/2022</i>
<i>Lumbar and Lower Extremity</i>	<i>Eric O' Quinn PT, DPT, OCS</i>	<i>11/2022</i>
<i>Cervicothoracic</i>	<i>Pam Kikillus MSPT</i>	<i>05/2022</i>
<i>Pain Science</i>	<i>Samantha Gupka PT, DPT, OCS, FAAOMPT, COMT</i>	<i>03/2022</i>
<i>Work Rehab Program Design</i>	<i>David Kirk PT, DPT, OCS</i>	<i>07/2022</i>

American Physical Therapy Association

<i>Level 1 Clinical Instructor</i>	<i>Ann Wilson, PT, DPT, GCS</i>	<i>02/2023</i>
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