

## Alexander Swartz, SPT

Alex is a Doctoral Physical Therapy Resident from Oregon State University Cascades in Bend, Oregon. He is expected to receive his Doctoral (DPT) degree in June, 2025. Prior to this, he received his Bachelor's of Science in Exercise Science from George Fox University.

He has received training and education in the management of orthopedic injuries, differential diagnosis, primary care screening, balance, motor learning and control, cardiopulmonary considerations and human pathophysiology. Clinical experience during their doctoral program has included over 350 hours of acute inpatient/ICU care at a level 2 trauma hospital and over 585 hours of outpatient orthopedic care, with an additional expected 350 more hours while completing their clinical experience at Eugene Physical Therapy. He has worked with all manner of patients, from children to older adults, with a variety of comorbidities, personal medical histories, and pathologies/disease processes. His clinical interests are centered around sports medicine, manual therapy, and providing personalized and targeted rehabilitation programs for all types of recreational hobbies. With additional interest in pursuing certifications such as an Orthopedic Clinical Specialist (OCS) and Certified Orthopedic Musculoskeletal Therapist (COMT).

In his free time, Alex enjoys resistance training, tennis, bike riding, frisbee golf. When the classic Eugene weather keeps Alex indoors, he enjoys playing various board and card games.

Eugene PT has a strong commitment to education. Its PT staff not only teach post-graduate courses throughout the United States, but have two APTA Credentialed Clinical Instructors that supervise final residency programs prior to DPT graduates taking their Board Examinations. Our clinical education program has gained a reputation over time, having contracts with over 10 universities throughout the U.S.A. Our goal is to train our PT Residents to be able to provide the exceptional standard of care that is our mission. Seeing any of our Residents should be a rewarding experience given the training they have been and are presently being given.

**Preceptor:** Michael Young, DPT, OCS, CSCS, VCS

## EDUCATION

Doctor of Physical Therapy (DPT), Oregon State University – Cascades, Bend, OR  
Bachelor of Science (B.S.) in Exercise Science, George Fox University

## EDUCATION

Doctor of Physical Therapy, **Oregon State University – Cascades**, Bend, OR Graduation 6/2025  
Bachelors of Science in Exercise Science, **George Fox University**, Newberg, OR

## CONTINUING EDUCATION COURSES

### ASPIRE ORTHOPEDIC MANUAL THERAPY INSTITUTE

COMT-1: Lumbopelvic Gateway to Musculoskeletal Therapy

Erl Pettman, DScPT, FCAMPT

4/12 – 4/13/2025

### GRADUATE RESEARCH - *To be published in 2025:*

- Hannigan JJ, Jaramillo N, Cardone N, *The Effects of Maximal Shoe Firmness and Rocker Design on Running Biomechanics.*

## PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (since 2021)
  - Orthopedic Section

[www.apta.org/](http://www.apta.org/)  
[www.orthopt.org/](http://www.orthopt.org/)