

Nicco Cardone, SPT

Nicco is a Doctoral Physical Therapy Resident from Oregon State University Cascades in Bend, Oregon. He is expected to receive his Doctoral (DPT) degree in June, 2025. Prior to this, he received his Bachelors of Science in Human Physiology from the University of Oregon with minors in Psychology and Biology. He will be continuing with us as part of our permanent staff following his graduation.

Nicco has received specific training in the management of orthopedic injuries and neurologic conditions, as well as differential diagnosis, primary care screening, balance, motor learning and motor control, cardiopulmonary considerations and human pathophysiology. His clinical experience includes inpatient cardiopulmonary therapy and outpatient care with emphasis in general musculoskeletal dysfunctions, chronic pain, and concussion management. Nicco is passionate about helping patients reach their life goals and giving them the tools to maintain that function in the long term. He enjoys giving patients choices throughout their therapy journey to improve their confidence and autonomy.

In his free time, Nicco enjoys spending time with his Wife and close friends over a good meal and good conversation. In the Summer months he enjoys getting outside to golf, and going on camping or backpacking trips. In the Winter months he prefers to either be on the mountains snowboarding or inside reading a good book.

Eugene PT has a strong commitment to education. Its PT staff not only teach post-graduate courses throughout the United States, but have two APTA Credentialed Clinical Instructors that supervise final residency programs prior to DPT graduates taking their Board Examinations. Our clinical education program has gained a reputation over time, having contracts with over 10 universities throughout the U.S.A. Our goal is to train our PT Residents to be able to provide the exceptional standard of care that is our mission. Seeing any of our Residents should be a rewarding experience given the training they have been and are presently being given.

Preceptor: Jeff Giulietti, MPT, ATC, OCS, CSCS, COMT, VCS, FAAOMPT, USAW-SPC

EDUCATION

Doctor of Physical Therapy (DPT), Oregon State University – Cascades, Bend, OR
Bachelor of Science (B.S.) in Human Physiology, minors in Psychology and Biology, University of Oregon

POST GRADUATE EDUCATION

THE AGELESS ATHLETE

Conference Various Presenters 5/4/2024

ASPIRE ORTHOPEDIC MANUAL THERAPY INSTITUTE

COMT-1: Lumbopelvic Gateway to Musculoskeletal Therapy Erl Pettman, DScPT, FCAMPT 4/12 – 4/13/2025

GRADUATE RESEARCH - *To be published in 2025:*

- Hannigan JJ, Jaramillo N, Cardone N, *The Effects of Maximal Shoe Firmness and Rocker Design on Running Biomechanics.*

PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (since 2021)
 - Orthopedic Section
- www.apta.org/
www.orthopt.org/