

Nicco Cardone, DPT

Presently on sabbatical until 7/7/2025.

Nicco is a graduate of Oregon State University – Cascades where he received her Doctorate of Physical Therapy (DPT). Prior to this he received his Bachelors of Science in Human Physiology from the University of Oregon with minors in Psychology and Biology.

Nicco has received specific training in the management of orthopedic injuries and neurologic conditions, as well as differential diagnosis, primary care screening, balance, motor learning and motor control, cardiopulmonary considerations and human pathophysiology. His clinical experience includes inpatient cardiopulmonary therapy and outpatient care with emphasis in general musculoskeletal dysfunctions, chronic pain, and concussion management. Most recently, he has completed a 3-month Residency with Jeff Giulietti, MPT, ATC, CSCS, COMT, FAAOMPT with clinical focus in sports medicine, vestibular rehabilitation, Temporomandibular Dysfunction, and orthopedic manual therapy of the spine and extremities.

Nicco is passionate about helping patients reach their life goals and giving them the tools to maintain that function in the long term. He enjoys giving patients choices throughout their therapy journey to improve their confidence and autonomy.

In his free time, Nicco enjoys spending time with his Wife and close friends over a good meal and good conversation. In the Summer months he enjoys getting outside to golf, and going on camping or backpacking trips. In the Winter months he prefers to either be on the mountains snowboarding or inside reading a good book.

EDUCATION

Doctor of Physical Therapy (DPT), Oregon State University – Cascades, Bend, OR

Bachelor of Science (B.S.) in Human Physiology, minors in Psychology and Biology, University of Oregon

POST GRADUATE EDUCATION

THE AGELESS ATHLETE

Conference

Various Presenters

5/4/2024

ASPIRE ORTHOPEDIC MANUAL THERAPY INSTITUTE

COMT-2: Cervical Gateway to M Musculoskeletal Therapy

Erl Pettman, DScPT, FCAMPT

10/25 -10/26/2025

COMT-1: Lumbopelvic Gateway to Musculoskeletal Therapy

Erl Pettman, DScPT, FCAMPT

4/12 – 4/13/2025

GRADUATE RESEARCH - To be published in 2025:

- Hannigan JJ, Jaramillo N, Cardone N, *The Effects of Maximal Shoe Firmness and Rocker Design on Running Biomechanics.*

PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (since 2021)
 - Orthopedic Section
 - Oregon Physical Therapy Association (OPTA)

<https://www.apta.org/>
<https://www.orthopt.org/>
<http://www.opta.org/>