

## Natasha Giulietti, DPT, CSCS

Natasha Giulietti is a graduate of Oregon State University – Cascades where she received her Doctorate of Physical Therapy (DPT). Prior to this, she received her Bachelor's degree from Oregon State University in kinesiology, with a minor in psychology.

As a Doctor of Physical Therapy, Natasha has received specific training in the management of orthopedic injuries and neurologic conditions, as well as differential diagnosis, primary care screening, balance, motor learning and motor control, cardiopulmonary considerations and human pathophysiology. Her clinical experience includes patients of all ages, from children to adults in their 90s, in a variety of settings including outpatient, hospital/ICU, and inpatient neuro rehabilitation.

She currently has expertise in sports medicine, orthopedics of spine and extremities, vestibular rehabilitation (vertigo, dizziness, balance), TMD (Temporomandibular Dysfunction). Natasha is a Certified Strength & Conditioning Specialist (CSCS) through the National Strength & Conditioning Association (NSCA), and is currently pursuing Board certification as Orthopedic Clinical Specialist (OCS) through the American Physical Therapy Association (APTA) in addition to certification as Mechanical Diagnosis and Therapy (Cert. MDT) through the McKenzie Institute U.S.A.

Natasha is excited to help patients optimize their function to be able to do what is important to them. She enjoys a teamwork approach where patient and therapist work together toward patient goals. She wants to equip patients with the tools and skills to heal well, and take care of their bodies for a lifetime. Natasha's wide breadth of clinical experience means she is equipped to work with individuals wherever they are at in their healing process. She enjoys problem solving when it comes to unique cases.

In her free time, Natasha enjoys exploring and adventuring around Oregon with a backpack and her family and friends. You will also find her snow shoeing and skiing, rock wall climbing, running, and horseback riding in the woods. When not outdoors she enjoys time in a good book.

## EDUCATION

Doctor of Physical Therapy (DPT), Oregon State University – Cascades, Bend, OR

Bachelor of Science (B.S.) in Kinesiology, Oregon State University

## POST GRADUATE EDUCATION

### AMERICAN PHYSICAL THERAPY ASSOCIATION

*Combined Sections Meeting*

Various Presenters

2/22 – 2/24/2023

### ASPIRE ORTHOPEDIC MANUAL THERAPY INSTITUTE

COMT-2: *Cervical Gateway to Musculoskeletal Therapy*

Erl Pettman, DScPT, FCAMPT

10/25 -10/26/2025

COMT-1: *Lumbopelvic Gateway to Musculoskeletal Therapy*

Erl Pettman, DScPT, FCAMPT

4/12 – 4/13/2025

### McKENZIE INSTITUTE U.S.A.

*McKenzie Mechanical Dx & Therapy: Part B Cervical/Thoracic*

Chris Chase, PT, OCS, Dip. MDT, FAAOMPT

11/14 – 11/17/2024

*McKenzie Mechanical Dx & Therapy: Part A Lumbar*

Chris Chase, PT, OCS, Dip. MDT, FAAOMPT

9/13 - 9/15/2024

### NATIONAL STRENGTH & CONDITIONING ASSOCIATION (NSCA)

*Oregon State Clinic*

Rocky Snyder, CSCS; Ryan Wells, CSCS

12/11/2021

Kyle Young, NASM-CPT/AFAA

Michael Watts, MSc, CSCS, Nick Tumminello, NSCA-CPT

## PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (APTA)
- Oregon Physical Therapy Association (OPTA)

<http://www.apta.org/>

<http://www.opta.org/>