

## Michaela McLean, DPT

Michaela McLean, DPT, earned her Doctor of Physical Therapy degree from the University of St. Augustine for Health Sciences in San Marcos, California. As a Doctor of Physical Therapy, Michaela has received specific training in orthopedic assessment and treatment, including therapeutic exercise, neuromuscular re-education, and manual therapy. She additionally holds her Master's degree in Kinesiology with an emphasis in Sports Psychology and Bachelor's degree in Psychology with a minor in Kinesiology

Michaela specializes in treating orthopedic conditions of the spine and extremities, as well as sports-related injuries. She is passionate about helping individuals return to the activities they love and works closely with patients of all ages and activity levels to support recovery at every stage of rehabilitation. As a travel physical therapist, Michaela has experience working in outpatient orthopedic clinics across the western United States, allowing her to treat a diverse range of conditions and patient populations.

Outside of the clinic, Michaela enjoys hiking, running, and spending time outdoors—especially near the water. She also loves reading and traveling, both within the U.S. and internationally, to experience new cultures and meet new people.

## EDUCATION

B.A. in Psychology with a Minor in Kinesiology, San Jose State University in San Jose, CA

M.A. in Kinesiology Option in Sport Psychology, CSU Fresno in Fresno, CA

DPT (Doctor of Physical Therapy), University of St. Augustine for Health Sciences in San Marcos, CA

## POST GRADUATE EDUCATION

### AMERICAN PHYSICAL THERAPY ASSOCIATION

*Combined Sections Meeting*

Various Presenters

2/22 -2/24/2023

### CLEVELAND CLINIC REHABILITATION AND SPORTS THERAPY

*Tendinopathy and Upper Extremity Management*

Various Presenters

09/20/2025

*Knee OA and Sport Spine Management*

Various Presenters

09/21/2025

## PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association (APTA)

<http://www.apta.org/>