

Nicco Cardone, DPT, CSCS

Nicco is a graduate of Oregon State University – Cascades where he received her Doctorate of Physical Therapy (DPT). Prior to this he received his Bachelors of Science in Human Physiology from the University of Oregon with minors in Psychology and Biology.

Nicco has received specific training in the management of orthopedic injuries and neurologic conditions, as well as differential diagnosis, primary care screening, balance, motor learning and motor control, cardiopulmonary considerations and human pathophysiology. His clinical experience includes inpatient cardiopulmonary therapy and outpatient care with emphasis in general musculoskeletal dysfunctions, chronic pain, and concussion management.

He is a Certified Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA) and is pursuing certification and is currently pursuing Board certification as Orthopedic Clinical Specialist (OCS) through the American Physical Therapy Association (APTA) in addition to certification as Mechanical Diagnosis and Therapy (Cert. MDT) through the McKenzie Institute U.S.A.

In 2025 he completed 3-month Residency with Jeff Giulietti, MPT, ATC, CSCS, COMT, FAAOMPT with clinical focus in sports medicine, vestibular rehabilitation, Temporomandibular Dysfunction, and orthopedic manual therapy of the spine and extremities.

Nicco is passionate about helping patients reach their life goals and giving them the tools to maintain that function in the long term. He enjoys giving patients choices throughout their therapy journey to improve their confidence and autonomy.

In his free time, Nicco enjoys spending time with his Wife and close friends over a good meal and good conversation. In the Summer months he enjoys getting outside to golf, and going on camping or backpacking trips. In the Winter months he prefers to either be on the mountains snowboarding or inside reading a good book. He is also a runner completed a Spartan race in 2026.

EDUCATION

Doctor of Physical Therapy (DPT), Oregon State University – Cascades, Bend, OR

Bachelor of Science (B.S.) in Human Physiology, minors in Psychology and Biology, University of Oregon

POST GRADUATE EDUCATION

THE AGELESS ATHLETE

Conference	Various Presenters	5/4/2024
------------	--------------------	----------

ASPIRE ORTHOPEDIC MANUAL THERAPY INSTITUTE

COMT-2: Cervical Gateway to Musculoskeletal Therapy	Erl Pettman, DScPT, FCAMPT	10/25 - 10/26/2025
COMT-1: Lumbopelvic Gateway to Musculoskeletal Therapy	Erl Pettman, DScPT, FCAMPT	4/12 – 4/13/2025

INSTITUTE OF CLINICAL EXCELLENCE (ICE)

Extremity Management	Lindsey Hughey PT, DPT, DSc, FAAOMPT, CF-L1	10/4 - 10/5/2025
Lumbar Spine Management	Brian Melrose DPT, CSCS, CFL1	3/21-3/22/2026

INSTITUTE OF PHYSICAL ART (IPA)

PNF I	Sara Tanza, DPT, CFMT	10/16 – 10/18/2026
-------	-----------------------	--------------------

McKENZIE INSTITUTE U.S.A.

McKenzie Mechanical Dx & Therapy: Part A Lumbar	Joshua Kidd, DPT, DSc, OCS, SCS, Dip. MDT, CSCS, FAAOMPT	1/30 – 2/1/2026
---	--	-----------------

ONLINE EDUCATION

The Eclectic Approach to Temporomandibular Management	Erson Religioso III, DPT, MS, MTC, CertMDT, CFC, CertMST, CNPT, FAAOMPT	11/28/2025
---	---	------------

GRADUATE RESEARCH - *To be published in 2025:*

- Hannigan JJ, Jaramillo N, Cardone N, *The Effects of Maximal Shoe Firmness and Rocker Design on Running Biomechanics.*

PROFESSIONAL AFFILIATIONS

- American Physical Therapy Association
 - Orthopedic Section

www.apta.org/
www.orthopt.org/

© 2026 EUGENE PHYSICAL THERAPY, LLC www.EugenePT.com