Raphael Enrico, DPT

Raphael Enrico is a graduate of the University of Washington, where he earned his Doctorate of Physical Therapy (DPT). As a Doctor of Physical Therapy, he was trained in comprehensive orthopedic assessment and treatment, including therapeutic exercise, activities, neuromuscular re-education, manual therapy, gait training and individualized rehabilitation programs designed to restore mobility, improve strength, and reduce pain. He additionally holds a Bachelor of Science degree in Kinesiology with a Pre-Physical Therapy emphasis and a minor in Sport Psychology from Western Washington University.

In conjunction with his experience in the outpatient setting working with numerous orthopedic conditions, he has also worked in skilled nursing and rehabilitation environments, treating patients recovering from orthopedic surgeries, neurological conditions, acute medical illnesses, and generalized deconditioning. His clinical experience includes addressing functional mobility, balance, strength, gait, and overall independence to promote a safe return to patients' prior living environments. These diverse experiences have helped him develop a well-rounded, patient-centered approach focused on reducing pain, restoring strength and mobility, improving functional independence, and helping individuals return to their everyday and recreational activities.

In addition to his clinical experience, Raphael has participated in several volunteer opportunities, including the University of Washington Doctor of Physical Therapy Pro Bono Clinic, where he was among the students to help pilot the program. He has also volunteered with Washington Special Olympics, performing mobility, strength, flexibility, and balance screenings for athletes. These experiences have further strengthened his commitment to providing compassionate, individualized care and making physical therapy accessible to the community.

As a travel physical therapist, Raphael enjoys the opportunity to explore new places and experience different communities alongside his wife and their dog, Dino. Outside of work, he enjoys staying active through pickleball, tennis, and basketball.

EDUCATION

B.S. in Kinesiology from Western Washington University- Bellingham, WA
DPT (Doctor of Physical Therapy), University of Washington – Seattle, WA

POST GRADUATE EDUCATION

Providence Health and Services

Providence Rehabilitation and Sports Medicine Symposium	*JoAnna Mullett, MSPT*	*3/15/25*

MEDBRIDGE Online Education

Manual Therapy of the Shoulder, Elbow, Wrist and Hand	Chad E. Cook, PT. PhD, MBA, FAPTA,	9/3/26
Manual Therapy of the Thoracic Spine	Chad E. Cook, PT. PhD, MBA, FAPTA,	8/13/26
The Patient Interview and Physical Examination	Amy McDevitt, PT, DPT, PhD, OCS, FAAOMPT	8/9/26
Evidence-Based Treatment of the Cervical Spine: an Update	Chad E. Cook, PT. PhD, MBA, FAPTA,	4/22/26
What Is and Is Not Evidence-Based in Cupping Therapy	Christopher Daprato, DPT, SCS, CSCS	9/9/24

Graduate Research

Enrico, R., and Williams, K. *Skilled nursing facility physical therapy treatment following lumbar decompression & fusion for radiculopathy secondary to lumbar stenosis and spondylolisthesis: A case report.* Department of Physical Therapy, University of Washington. 2024

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